

Biblical Concepts in Counseling of Wyoming Life & Love Restored

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Dear friends,

It has been a long time since I last put out a newsletter. I apologize!

We recently receive an email that said in part, "I am so grateful for the week we spent receiving counseling from you and the Lord in 2009! It definitely has helped our marriage! We are at a crossroads again where some issues have come up. We would love to receive more counseling." We praise God for His healing! God does heal relationships. Even after the healing, life events can cause fresh damage and God desires to bring fresh healing!

The second Saturday of Cheyenne Frontier Days, Saturday July 29th was our fourth annual Homestead Half Marathon and 5K run/walk. The purpose of the event is to make BCCWY known and raise funds. The 5th annual Half and 5K will be Saturday July 28th, 2018.

First Baptist Church in Douglas, WY will host a relationship seminar from April 22 through 25, 2018. John Regier from Caring for the Heart Ministries will be speaking. For additional information contact Michael Worthington at (307) 351-3008. This is a great opportunity to enhance relationships.

Thank you for helping make it possible for us to minister to people seeking relational help! Anyone can come to BCCWY without charge. We are a faith based non-profit corporation and ministry. We continue to have a full schedule primarily serving married couples. Increasingly we are doing premarital counseling. We delight in helping marriages start on a firm foundation! We also see individuals. We appreciate your prayers for God to work in the relationships of those seeking help.

Our financial support comes from churches, individuals and companies that support us monthly or with one time gifts. Many of those coming for counseling also donate. When we started BCCWY 12 ½ years ago we also started saving for leaner times. For about the first 8 years, more funds came in than went out. Now more is going out than coming in and our savings are running low. We ask that you prayerfully consider giving to BCCWY. Thank you! Financial support is making a lasting difference in the lives of people.

A former supervisor taught me to never send him a memo longer than one page, he wouldn't read it. Thanks for reading! If you have time, another page follows. Merry Christmas and Happy New Year!

In Christ,

Charlie Reed, Director

I recently experienced the power of emotionally connecting. I was in New York City visiting the 9/11 Memorial at Ground Zero. The fountain borders are inscribed with the names of those who lost their lives in the destruction of the twin towers. Small signs give information about the memorial, like, "A fresh white rose in a name indicates today is that person's birthday." Another sign said, "Run your hand across the names." I was not prepared for what that touch would do.

As my fingers crossed the letters in the names I went from an outside observer to a participant in the loss felt by the loved ones of the victims. It became reality that people died and left real families and friends behind. And all these people matter to God. I couldn't help but shed tears for those people. I didn't come there to cry in front of hundreds of people. But touching those names caused my emotional wall to come crashing down and embrace just a little of the pain felt by the families and friends.

Relationships can survive on a surface level but can also thrive when emotional walls come down. In counseling, we help couples take down the emotional walls by a connecting exercise. We have the couple face each other, hold hands, look in each other's eyes and listen to understand what the other is saying. Engaging the senses of touch, sight, and hearing help them focus and listen in a deeper way. Listening leads from misunderstanding to understanding and reconciliation.

Again, we appreciate the prayer and financial support that make this ministry possible.

